

When We Worship

When we worship together on the Sabbath...

- We **GATHER** with others on a day of rest.
- We **CALM** our minds and bodies.
- We **LISTEN** and **TALK** and **SING** and **LOOK** and **PRAY**.

Who do you like to gather with on Sundays at your church?

What is one way that you calm down your mind and body?

Who do you like to listen to when you are at worship?

Who do you like to talk to on Sundays?

What is a song you like to sing during worship?

What do you like to look at in your worship space?

Who could you pray for today?



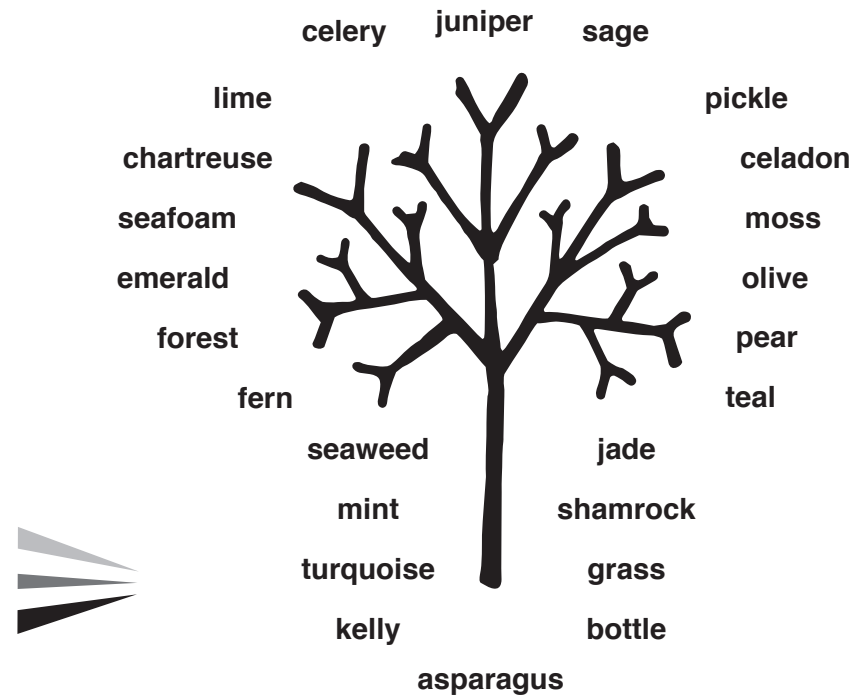
READER

Pentecost 2

- Today is the **2nd Sunday** in **Pentecost**.
- The season after Pentecost is the **longest season** of the church year. It will end on the last Sunday in November.
- When we **gather** with others on the Sabbath, we **learn** about different ways to grow in faith.
- The color **green** is used during the season after Pentecost.

Many Shades of Green

Look at the color descriptions below and see if you can find the shades that don't belong!



Trick question! All of these are shades of green!

Read through today's Memory Verse:

Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath." Mark 2:27-28



What do you think Jesus was trying to tell his followers about the sabbath?

What do you think Jesus was trying to teach his followers about who he was?

What do you think Jesus wants you to know about the sabbath?

Try rewriting this verse in your own words.

How Did I Get Here?

Quick! Write down everything your family did to get to church today on this list:

What is your family plan *after* church today?

Life gets busy and families have lots of things they plan together! What is one thing you would like to try to help you rest and connect with your family? Pick one or a few things from this list. Tell your family you want to give it a try!

Sing together

Play catch or another outside game together

Take a walk

Look through pictures or videos of when you were little

Write a letter to a relative or friend who lives far away

Make a care package for someone nearby who would appreciate it

Create some art together

Bake or cook something

Play a board game or card game together

Put together a puzzle

Write your own idea here:
