



Immanuel  
Lutheran  
of Evanston



"Faith That Feeds"

[www.immanuelevanston.org](http://www.immanuelevanston.org)

We believe that faith should feed and nurture our spirits.  
We believe also that faith should lead us to feed people  
in the many different ways they hunger,  
both physically and spiritually.

## April 2022 Newsletter

### Some Food for Thought from the Pastor

This month we enter the most sacred days of the Christian year, Holy Week and Easter. It's a time in which God's story becomes our story as we contemplate the paschal mystery of Christ's death and resurrection.



**On Palm Sunday, April 10th**, you're invited to gather at 9 AM to pick up a palm branch at Immanuel and head over to Raymond Park to join with folks from other congregations for a palm processional with donkey around the park that begins at 9:15 AM. You won't want to miss the deeply moving worship that day as together we dramatically tell the palm/passion story.

**April 14-16, Thursday through Saturday, are the Great Three Days of Holy Week** as we gather to contemplate through worship what God has done for us through the

passion, death, and resurrection of our Lord.

We'll gather again on Sunday morning, **April 17th for a festive celebration of The Resurrection of Our Lord.**

Easter frees us to live more fully as God's beloved children:

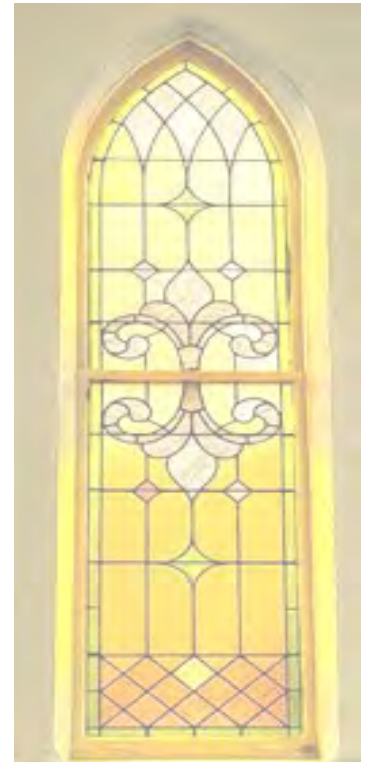
- ✠ We're freed from anxious worry about tragic events in the world.
- ✠ We're freed from all that separates us from one another, and from God.
- ✠ We're freed to die in order that we may live.
- ✠ We're freed from our insecurities.
- ✠ We're freed to forgive as we have been forgiven.
- ✠ We're freed to work for justice.
- ✠ We're freed to speak the truth in love.
- ✠ We're freed to serve.

Who are we? We are God's Easter people, new creations, renewed daily in the waters of Baptism in order that God's resurrection power might flow through us to all the world.

As we journey together this Holy Week and Easter, through both sorrow and joy, may your spirit be renewed for this wondrous adventure of life in Christ!

Deep Blessings,

*Pastor Mark*



### Inside this issue

- Holy Week Events
- April Music
- New Feeding Our Faith Topics
- Emergency Overnight Shelter
- Ways to Serve!

## Immanuel Events

Apr. 1		April Fools Day
Apr. 2	8:00 am	Last Indoor Farmers' Market
Apr. 5, 12 19, 26	7:00 pm	Tuesday Adult Bible Study on Zoom
Apr. 6	7:00 pm	Midweek Lenten Hybrid Worship
Apr. 7	9:00 am	Daytime Quilters
Apr. 10	9:00 am	Passion/Palm Sunday—gather to pick up a palm and join a Palm Processional with live donkey at Raymond Park
	10:30 am	THE CRY OF THE WHOLE CONGREGATION <i>Worship for the Way of the Cross</i> ~ Walter Wangerin, Jr.
Apr. 14	7:30 pm	Start of the Great Three Days — Maundy Thursday Hybrid Worship Service
Apr. 15	7:30 pm	Good Friday Evening Hybrid Worship Service
Apr. 16	7:30 pm	Easter Vigil Hybrid Worship Service
Apr. 17	10:30 am	Happy Easter! The Resurrection of Our Lord Hybrid Worship Service



## April Scripture Readings

### April 3, Lent 5

Isaiah 43:16-21  
Psalm 126  
Philippians 3:4b-14  
John 12:1-8

### April 10, Passion/Palm Sunday

(Note: These scriptures will not be used during the Worship Service.)

Isaiah 50:4-9a  
Psalm 31:9-16  
Philippians 2:5-11  
Luke 22:14-23:56

### April 14, Maundy Thursday

Exodus 12:1-4 [5-10] 11-14  
Psalm 116: 1-2, 12-19  
1 Corinthians 11:23-26  
John 13:1-17, 31b-35

### April 15, Good Friday

Isaiah 52:13—53:12  
Psalm 22  
Hebrews 10:16-25  
John 18:1—19:42

### April 16, Easter Vigil

Romans 6:3-11  
John 20:1-18

### April 17, Easter Day

Acts 10:34-43  
Psalm 118:1-2, 14-24  
1 Corinthians 15:19-26  
Luke 24:1-12

### April 24, Easter 2

Acts 5:27-32  
Psalm 118: 14-29  
Revelation 1:4-8



## Midweek Lenten Worship Last Service

Wednesday, April 6th, 7:00 pm —7:30 pm

Please join us in worship either in person or via Zoom for a time of reflection and awareness of God's sacred presence in our lives. Please visit the website [www.immanuelevanston.org](http://www.immanuelevanston.org) for the Zoom link.



### April 6 - Open My Life, Lord

Moses presents us with a choice: death and adversity, or a life cracked open to the love of God. Writing to the Galatians, Paul tells us that we have died to the law so that we might live to God. It is no longer we who live, but Christ who lives in us.

## Music at Immanuel

### April Music

We wrap up the endings of Lent into Holy Week in April this year and again, the choir has some wonderful selections for our turning of the seasons. Lent 5 has a lovely new motet-like anthem by Jennifer Stammers called "The Loving Lamb." After we complete our "Call of the Congregation," the choir will transition us into communion with Nikolaus Decius' "Lamb of God."



On Maundy Thursday, we offer the Spiritual, "Let Us Break Bread Together On Our Knees" arranged by William Lawrence. On Good Friday, the choir will worship with an Orlando di Lasso setting of Pange Lingua in a chant and English setting called "Faithful Cross, Above All Other." Easter Vigil will revisit our story of salvation with some familiar contributions such as Palestrina's "Sicut Cervus" and Anne Heider's setting of "Go Down Moses." On Easter, we are joined by a brass quartet for Will MacFarlane's bombastic "Christ Our Passover" and J. S. Bach's "Alleluia." The final Sunday will be a day of rest for the choir.

—Jimmy Morehead

## Feeding Our Faith – Sundays 9 AM—10 AM

### April 2022 Schedule

Join us for studies about faith. Gatherings include viewing short videos and book discussions. Check the weekly *Immanuel Newsfeeds* or visit the website calendar for Zoom info.

**4/3/22 - The History of the Christ (last of 3 sessions) - Father Richard Rohr.** In Part Three In this 10-minute video, Father Richard looks at what was gained and lost in the Protestant Reformation and the challenges for Western religion that come through the Enlightenment. He encourages viewers to try and engage the Universal Christ not just as a rational idea but a participatory reality. To watch the previous sessions, go to <https://immanuelevanston.org/feeding-our-faith-sunday-morning-class/>

**No Sessions on Palm Sunday (4/10) or Easter (4/17)**

**4/24/22 - Rev. Dr. Barbara Holmes, Inclusion from the beginning** - If inclusion is to be meaningful it must be based on the idea that every one and every thing is included from the beginning. Not included in socially constructed hierarchies with allegiance to one political system or another but included in a web of life set forth from the foundations of the earth.

## New Opportunity to Serve!

After more than 5 years in the post of Immanuel's Kitchen Manager, Tom Couch is ready to pass the torch. Thank you so much, Tom, for the leadership you have provided in filling this role.

The role of Kitchen Manager is central to Immanuel's mission, "Faith that Feeds". By law, to be able to offer missions such as Cafe Immanuel, Curt's Cafe and other ministries where our kitchen is used to serve the public, we need a certified Food Safety Manager.

If you feel called to help Immanuel feed the hungry, we will support you in obtaining the necessary certification! Please contact Michael Kloster at 630.217.1570 or [mikekloster@gmail.com](mailto:mikekloster@gmail.com) to learn more.

In addition to serving this vital role, you will help me by being able to give an answer to Parker as to when he can start helping make waffles at Cafe Immanuel, which he asks me at least three times per week!



*Thank you, Tom!*

*God Bless,  
Michael Kloster*

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## Immanuel to Host the Emergency Overnight Shelter in April



At 9:00 pm on April 17, Easter Sunday, Immanuel will open its doors to welcome guests to the **Emergency Overnight Shelter**. This will inaugurate our participation in a ministry offered through Interfaith Action of Evanston for more than a decade. The other institutions involved are St Paul's Lutheran, Beth Emet-The Free Synagogue, Unitarian Church of Evanston, First United Methodist, First Congregational, First Presbyterian, Lake Street Church, and St. Luke's Episcopal. Immanuel is located squarely in the middle of this institutional cluster.

Constraints due to the pandemic limit the number of guests to 20, fifteen men and five women, all of whom are registered with Interfaith Action. Although that leaves out many of Evanston's homeless, whose needs are served in other ways by IA, it makes our job easier. Starting at 8:15 pm, our volunteers will assist IA's paid staff members to set up cots, put up signs, and ready the supply of blankets and sheets to be distributed to guests. As guests arrive beginning at 9:00 pm, we will take temperatures, make sure that no one is exhibiting covid symptoms and all are wearing masks, show them where the restrooms are, and direct them to the sleeping rooms, men to the Sunday school room (used for the Farmers Market), and women to the Nursery room (across from the choir room).

Lights out is at 10:00 pm. One volunteer will be needed to accompany an IA staff member to stay overnight. Guests are awakened at 6:00 am.

The tasks in the morning are to see to it that guests are ready to leave by 6:45 am; stuff the used blankets and sheets into laundry bags, put the full laundry bags outside to be picked up, disinfect the cots, take down the temporary signs, and pick up debris.

### Three Shifts Available

There are three shifts every night for two weeks: **Set-up**, from 8:30 pm to 10:00 pm; **Overnight**, from 9:30 pm to 7:00 am; and **Clean-up**, from 6:00 am to 7:00 am. On the first night, April 17-18, two volunteers will be needed for Set-up, to assemble the costs for the first time, and they should probably arrive by 8:15 pm. After that first night, the shifts will be routine and only one volunteer is needed for each shift. The last night will be April 30-May 1.

It's important for volunteers to be courteous to guests, compassionate but firm in following the rules, and not to offer rides, money, or other favors to any guest.

Please consider joining Immanuel's volunteer corps. It is a satisfying gig. The guests are appreciative. You'll be working alongside the seasoned people who are hired by Interfaith Action. Ask me (847-866-7396) if you have questions.

—Steve Warner

## From Worship & Music: So Many Ways to Serve .....

There are so many ways that we help Immanuel keep going. You probably noticed the many committees that filed reports for the Annual Meeting and any of these committees would welcome new members.

I am especially wondering if you are interested in becoming an integral part of Sunday worship? There are many ways you can do this.

- **Coffee Hour is resuming and we're looking for hosts!** After Sunday worship, hosts prepare and serve beverages and light snacks for this time of warm fellowship, whose return has been long-awaited!
- **The Altar Guild** makes sure that the appropriate colors for each season in the church calendar are displayed, and also that the table is set for communion each Sunday.
- **Assisting ministers** participate in the service with Pastor Mark.
- **Lectors (or readers)** read the Scripture passages from the pulpit.
- **Acolytes** (though not currently, but in future surely) process with the cross and with torches, light altar and pulpit candles and extinguish them when the service concludes.
- **Ushers** assist in many ways during the Sunday service.
- **Zoom hosts** coordinate the online attendees.

If any of these sound interesting to you, please contact me, Kit McCarthy, at [kit.mccarthy@comcast.net](mailto:kit.mccarthy@comcast.net), or, call the church at (847) 864-4464 and let Jane or Pastor Mark know.

### APRIL BIRTHDAYS

Thomas & Aleksander Shearer 4/3

Jaya Nambiar 4/12

Joe Simchak 4/16

Jerry Larson 4/17

Luke Moy 4/17

Susan Ross 4/28



### Immanuel's Indoor Farmers Markets

Immanuel Lutheran Church presents Farmers Markets for winter & spring 2021-22.

November 20

December 4 & 18

January 8 & 22

February 5 & 19

March 5 & 19

April 2

Time: 8:00 – 11:00 a.m.

Masks required inside the building



Evanston's Community Indoor Farmers Market

[www.immanuelevanston.org](http://www.immanuelevanston.org)

### Tuesday Midweek Adult Bible Study on Zoom 7 pm on Zoom

Our simple mid-week gathering on Tuesdays. This gathering offers time for spiritual growth in Word and Fellowship. Check our website Calendar at [www.immanuelevanston.org](http://www.immanuelevanston.org) or the weekly email for Zoom meeting info and themes.

### 2022-23 ILC Leadership

Dana Barron, Congregation President

Bert Mount, Congregation Vice President

Steve Warner, Congregation Secretary

Susan Ross, Treasurer

Melisa Larson, Diane Keely, Michael Kloster, Jim Skelton, Grace Yarnoff Congregation Council Members

Mary Ann Kearns, Financial Secretary

Elizabeth Stegner, Assistant Financial Secretary

## Hey, Everyone! A Message from Parker!



If you enlarge this note, it can be easier to read.—Ed.

Hello, my name is Parker Kloster. you may have noticed me leaving in the middle of the church service or excusing myself from coffee hour. this is caused by a condition called misophonia.

if you have never heard of misophonia, I would like to tell you about it.

Do you know the feeling you get when you hear nails on a chalkboard? it might make you feel like you just want to run out of the room.

Misophonia is when that same reflex gets attached to more common sounds. For me the

sounds that trigger misophonia reactions are chewing and breathing through the nose.

isn't that wierd? Most people can't even hear the sounds that trigger my misophonia.

its like I get super hearing but only for the most annoying sounds. I can tell the

chewing stile of every member in my family and I can tell if someone is breathing through

there nose from across the room. even down stairs!

Sleeping is hard too because I share room with Christin, but we figured out that if you run a fan it drowns out the misophonia sounds.

Before we knew what misophonia was it was very

confusing. I would get angry and frustrated and storm away



From the diner tables my Parents and siblings, and even I didn't know what was wrong. But, my dad was reading something very unrelated to misophonia when he came across the word, suddenly we had a name for what was happening. We got on a waitlist to see a specialist, but we have been waiting along time, my first appointment will be soon 18 months after we got on a waitlist.

In the meantime we have found a lot of ways to prevent misophonia reactions. The most important thing is to avoid the sounds when I start to get a reaction, that's why sometimes I have to leave the room. But also we found that white noise in the background is super helpful!

Family dinners now have a fun tuning a background music. We have to yell to talk, but we are used to it.

We also learned in between the ages of 11 and 12, just like what happened to me. No one knows why it happens though. One thing you might imagine helping can actually make it worse. Earplugs, Earplugs do make everything quieter but the body adapts making your ears even more sensitive to sounds.

We have recently found a new piece of technology that seems to help. New earphones have a setting called "Transparency mode". It is the opposite of noise canceling. It lets all the sounds from outside in. How does this help you may wonder? Because I can still play white noise through the headphones. So to me it sounds like a man in the room, but I can still hear everyone talking normally.



You may notice me trying them out in church. Please still talk to me! I can hear you just fine. I'm not a teenager trying to avoid you by listening to hip music. I hope you found this interesting!







YWCA Equity Institute | YWCA Evanston/North Shore

# Join us for the 2022 Stand Against Racism

**Wednesday, April 27th 10:30 am on Oakton in Skokie**

**Thursday, April 28th at 10:30 am on Ridge Avenue!**

## What is the Stand Against Racism and why do we do it?

This annual event is an opportunity for individuals and organizations to reflect on what they are doing to actively stand against policies, procedures and behaviors that perpetuate structural and systemic racism.

YWCA Evanston/North Shore promotes this because we know that real change only happens when people of good will educate themselves and then work together to create equitable institutions. We spend time looking at the work we need to do internally, and then encourage others to join us as we stand publicly, to share our hopes for a changed society with the larger community.



**AWARD-WINNING DUO EMMA'S REVOLUTION - CELEBRATES 20 YEARS WITH DOUBLE CD RELEASE CONCERT In-Person & Livestreamed Saturday April 30th 2022, 7pm CT**

**UNITARIAN CHURCH OF EVANSTON**  
1330 Ridge Avenue, Evanston IL 60201

In-Person: \$25 advance/\$30 door General Admission \$50 Music Supporter \$15 Student/Low-Income  
Livestream: \$20 General Admission \$30 Family/Household \$50 Music Supporter, \$10 Student/Low-Income, \$5 Un-employed/Laid-Off

Tickets: <https://tinyurl.com/EmmasRevolutionApril30>; Facebook event page: <https://fb.me/e/1VTLw374n>

Known for fearless, truth-telling lyrics and melodies you can't resist singing, Emma's Revolution is the award-winning activist duo of Pat Humphries & Sandy O. Now in their 20th year, the duo writes songs about critical issues happening in the world, lending their voices to the movements those issues inspire and delivering moving, uplifting performances, whether on stage or on screen.

Emma's Revolution's songs have travelled around the world and have been sung for the Dalai Lama, praised by Pete Seeger, and covered by Holly Near.



# LCMNU Showcase 2022 & 75th Anniversary Celebration

*Deepening Faith, Expanding Community*

*Student Talks, Musical Entertainment,  
Appetizers, and Desserts*

**SATURDAY, MAY 14, 2022, 2:30pm-6:30pm**

**NOTE LOCATION:**

*Parkes Hall, Northwestern University  
1870 Sheridan Road, Evanston, IL*

**Tickets: GENERAL \$50; YOUTH/STUDENT WITH ID: \$20**

*To purchase tickets, go to*

**<https://blt.ly/showcase22and75th>**

*Questions: Contact the LCMNU office at  
[lutherancm@u.northwestern.edu](mailto:lutherancm@u.northwestern.edu) or 847-864-7849*

**ALL PROCEEDS SUPPORT LCMNU**

*Attend  
the LCMNU 75th  
Anniversary Worship  
Sunday, May 15,  
11:00am  
Alice Millar Chapel  
Fellowship 10:00am  
Parkes Hall*



**LUTHERAN  
CAMPUS MINISTRY  
AT NORTHWESTERN**

*Deepening Faith - Expanding Community  
Celebrating 75 Years!*

## Notes from the Parish Administrator....



Church officers, Committee and Ministry Chairs: Please check your mail slots. If you need access to the office, please contact me at [parish-admin@immanuelevanston.org](mailto:parish-admin@immanuelevanston.org).

When leaving the building, please practice good stewardship by turning off all lights, dumping trash properly, and making sure doors are locked and secure.

## North Shore Choral Society Concert

### Beethoven's 9th Symphony

With the Evanston Symphony Orchestra,  
Lawrence Eckerling, Conductor

**Sunday April 10, 2022, 2:30 pm**

Pick-Staiger Concert Hall

50 Arts Circle Drive, Evanston

For tickets, please call 847-864-8804 or email

[tickets@evanstonsymphony.org](mailto:tickets@evanstonsymphony.org). Tickets for this concert MUST be ordered from the ESO. Immanuel's Steve Warner will be participating in this concert!



PLEASE  
PLACE  
STAMP  
HERE

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Immanuel Lutheran Church is a  
Reconciling in Christ congregation.

We welcome people of every age and size,  
color and culture, every sexual orientation  
and gender identity, socio-economic  
status and marital status, every ability and  
challenge. We welcome believers and  
questioners, and questioning believers.